



## Local support groups that may be of interest to seniors and caregivers

***\*Please call before attending any group\****

Support Group	Location Time & Day	Contact
ALS Support Group Broome County	Broome County Public Library 185 Court Street Binghamton, NY 13901 First Saturday, 1 – 2:30 pm	Rabecca Coulter, LMSW 866-499-7257 website: alsaupstateny.org
American Parkinson Disease Association Southern Tier Chapter	Endwell United Methodist Church 3301 Watson Boulevard Endwell, NY 13760 3 <sup>rd</sup> Wednesday, 10:30 a.m. – 12 p.m.	Emily Alonso, President 743-5743 or 692-3489
Alzheimer's Support Groups	Call for information.	785-7852 or 1-800-272-3900
Caregivers' Discussion Groups Office for Aging Caregiver Services	Stay Healthy Oakdale Mall (near Sears) Johnson City, NY 13790 1 <sup>st</sup> Monday, 1 p.m. to 2:30 p.m.  Broome West Senior Center 2801 Wayne Street Endwell, NY 13760 3 <sup>rd</sup> Wednesday, 9:30 a.m. – 11 a.m.	Call the Office for Aging 778-2411  Contact: Judy Bobinski
Caregiver Support Group	St. Catherine's Parish Center 1031 Chenango Street Binghamton, NY 13901 2 <sup>nd</sup> Wednesday at 11:00 a.m.	Sister Karen Gaube 722-4388
Chronic Pain Support Group	Bridgewater Nursing Home 159 Front Street Binghamton, NY 13905 2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday from 11 a.m. – 1 p.m.	Corky 607-655-2167
Sunrise Wellness Center WRAP-Mental Wellness Recovery Action Plan	Broome County Mental Health Association 153 Court Street Binghamton, NY 13901	Broome County Mental Health Association 771-8888

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Sunrise Wellness Center Endicott Support Group	First United Methodist Church 53 McKinley Avenue Endicott, NY 13760	Broome County Mental Health Association 771-8888
Hearing Loss Support Group- Binghamton Chapter	Central United Methodist Church 17 Nanticoke Avenue Endicott, NY 13760 1 <sup>st</sup> Wednesday (but not in January, July, or August) at 7:00 p.m.	Donna Kerila, president 757-2626
Various Cancer Support Groups	Locations/times vary Call for information.	United Health Services 763-5092
Low Vision Support Group	A.V.R.E. 174 Court Street Binghamton, NY 13901 2 <sup>nd</sup> Tuesday from 10 a.m. – 11 a.m.	Annie VanderWall 724-2428
Stroke Club & Support Group	Vestal Public Library 320 Vestal Parkway East Vestal, NY 13850 4 <sup>th</sup> Tuesday from 1 p.m. -3 p.m.	Sue Mayes 754-3405
Widow/Widowers Club	Denny's 4024 Vestal Parkway East Vestal, NY 13850 8 a.m. on Wednesdays	Phyllis 648-6650

The Office for Aging Caregiver Services Program has a variety of services to help support caregivers. This includes the *Caregiver Corner* newsletter, which is available online or by mail. Call to be added to the mailing list (778-2411) or go online to read current and past issues: [gobroomecounty.com/senior/cgcnews](http://gobroomecounty.com/senior/cgcnews).

For additional non-caregiver and non-senior  
related support groups contact:

First Call for Help  
Broome County United Way

211 or  
1-800-901-2180

Last updated October 2014